



Spiritual Light Center

Newsletter—June 2015

Synchronicity

When I began my research on “Synchronicity,” I was surprised to learn that the concept had been created by the psychiatrist and psychoanalyst, Carl Jung. As he described it, “Events are ‘meaningful coincidences’ if they occur with no apparent causal relationship, yet seem to be meaningfully related.” At different times, he defined it as “an acausal connecting principle,” “meaningful coincidence,” and “acausal parallelism.”

If you haven't yet read last month's Newsletter, now would be a good time to do so. In it I used as an example of Creation (our theme last month) the spontaneous manifestation of a missing jewel. That illustration will also serve for “Synchronicity” as well, for it occurred *as I was writing about creating and manifesting*.

Jung developed his concept of Synchronicity, or acausal connection, after (or during) discussions with physicists Albert Einstein and Wolfgang Pauli. Jung believed there were parallels between Synchronicity and aspects of Relativity Theory and Quantum Mechanics. Jung was convinced that life was not a series of random events, but rather an expression of a deeper order, which he and Pauli referred to as *Unus Mundus* (One World). In other words, there is one unifying principle in the Universe; all things are connected. (Cf. Einstein's theory of General Relativity.)

Jung believed that a person is both embedded in and is the focus of an orderly framework, and that the realization of this had elements of spiritual awakening. Jung believed that Synchronicity served a similar function in a

person's life as dreams – shifting a person's ego-centric conscious thinking to greater wholeness, or holistic thinking. From a religious perspective, synchronicity is similar to the concept of Grace, or the “intervention of Grace.”

When you experience a synchronicity in your life, it reminds you that you are part of a greater Whole, that the Universe is governed by laws of Cause and Effect that go outside the boundaries of time, space and matter. Synchronicities remind us that Grace can intervene in our lives, and, according to the principles of quantum physics, the more we believe synchronicities are possible, the more likely they will occur.

June is the traditional month for weddings. Let it be your month for your marriage to Grace. Let Divine Intervention be your new partner in life, and let no man put that partnership asunder. |

Arthur Cataldo, President

OUR VISION STATEMENT

The Spiritual Light Center is a peaceful and joyful fellowship of individuals, centered in love, dedicated to the God within, and honoring the many paths to truth.

OUR MISSION STATEMENT

We seek to develop our highest selves by continuous sharing of spiritual ideas, in an environment of unconditional love and respect for others.



ONGOING EVENTS AT SLC

Every Tuesday at 5:15 p.m. - Join our group in the Hall as we watch a selected film of a spiritual nature, followed by discussion to develop our evolution. Afterward we choose a restaurant and go out to eat!

Wednesday, June 24th, 5:00 to 6:30 p.m. **Come to the Sacred Circle/TEA**, an open group dedicated to spiritual sharing and growth, facilitated by Tina Wardell. Contact Tina at 828-276-6557.

Every other Thursday, June 11 & 25, at 5:00 p.m. - Please join us for our **meditation group** in the Chapel led by Dr. Richard Kimball. We have an informative discussion followed by walking and sitting meditation. Call Richard at 371-3425 for further details.

Every Thursday at 6:30 p.m. - Come join us for our **book study**. We're reading The Prophet by Kahlil Gibran with *great* discussion. Share with us in this beloved classic!

UPCOMING SPEAKERS

June 7, 11 a.m.

Diana Kenney, the director of Good Grief Ministry, author, and ordained Shamanic Minister, will be speaking with us on "Handling a Severe Illness Diagnosis for You or a Loved One".

Friday Gathering, June 12, 6 p.m.

Barbara Meister Vitale, the director of the Meta-Intelligence Institute, author of the best-selling books "Unicorns are Real" and "Free Flight", trained in traditional Lakota and Celtic traditions, will conduct a workshop in the Fellowship Hall entitled "What is Karma: 22 Different Kinds."

June 14, 11 a.m.

Dr. Randy Wolfe, a new active SLC member and doctor of biological psychology, is working on integrating psychological science & spirituality. He will share on "Growth Through Changing our Perceptions."

June 21, 11 a.m. Father's Day

Dr. Faye Corbett, a doctor of Naturopathic medicine and well-versed in Ayurvedic medicine and herbology, returns to share with us on "Living in the New Earth."

June 28, 11 a.m.

Kim May, a Science of Mind practitioner from the Creative Thought Center in Waynesville, comes to share with us on "Courage: The Natural Choice."

Big Yard Sale at SLC

Fri & Sat June 5 & 6

9 am to 3 pm

Great Bargains Available!!

Bring priced items for sale by Wed. June 3 at 3 pm. We still need some volunteers to help with store and coffee sales.

The SLC Store is Open

Every Fri & Sat 10 am to 3 pm

Come See...It Gets Better & Better!

For More Info on the Store or Yard Sale
Please Call Randy Wolfe at 371-7122



SPIRITUAL LIGHT CENTER INFORMATION

80 Heritage Hollow Drive, Franklin, NC 28734
Right behind the Gazebo Restaurant in Heritage Hollow
828-369-3065
slcfranklin@frontier.com www.spirituallightcenter.com

OUR BOARD OF TRUSTEES

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Wisdom Through Synchronicity

☞ Synchronicity and the Soul by Nancy Seifer

It happens to people all the time these days. Something prompts you to look at a digital clock at exactly the same time of day or night—1:11, 3:33, 4:44. You think of someone and soon thereafter that person contacts you. Or you've just read an article, you get into your car, and while driving along you notice that the numbers and letters on the license plate in front of you reflect the subject of the article you've just finished reading. The more we think about it, the more we realize that such perfectly choreographed events cannot happen randomly. And if we think about it long enough, we come up against the limits of the rational mind.

Interestingly, it was the ability of synchronicity to overwhelm the rational mind that held significance for Carl Jung (1875-1961), the Swiss psychiatrist who coined the term and brought the phenomenon to light. Jung recognized that synchronicity, which he defined as meaningful coincidence, had the effect of breaking through the "rationalistic shell" of the modern mind. It is a form of coincidence powerful enough to shatter the notion telling us that material science has discovered all there is to know about the universe. To the person having an experience of synchronicity, the realization dawns that a mysterious force is at play in the world.

Modern science is based on the physical laws of cause and effect. What fascinated Jung about synchronicity was its acausal nature. He defined it as an “acausal relationship of events,” when there is no apparent explanation for the occurrence of the two simultaneous events. Further adding to the mystery, Jung noted that the occurrence has special meaning for the person who experiences it. This implies that unknown forces in our universe have the capacity to make visible the contents of the invisible realm of consciousness.

A classic illustration of synchronicity presented by Jung involved one of his patients, a woman with a highly developed rational mind— a fact that made her psychoanalytic treatment difficult. One day she was telling Jung about a dream she had had in which she received a golden scarab, a beetle with significance in Egyptian mythology. Just at that moment, Jung reported, he heard a noise “like a gentle tapping” on his window. When he opened the window, a scarab-like beetle flew in. Jung caught the beetle and presented it to his patient saying, “Here’s your scarab.” The stunning impact of this synchronicity overwhelmed the defenses of her rational mind and led to a breakthrough in her treatment.



Jung’s ideas on synchronicity added fuel to the revolution in consciousness that exploded in the 1960s, as growing numbers of educated people began to glimpse invisible dimensions of reality. By the 1970s, the idea of synchronicity had begun to filter into films and novels, and by the 80s, into popular music and games. The extraordinary worldwide success of *The Celestine Prophecy*, published in 1993, revealed that millions of people on our planet were by then familiar with the experience of synchronicity. The first of the book’s nine “Insights,” presented by author James Redfield as the most fundamental to the process of spiritual development, is the importance of recognizing synchronicity. He wrote: “The First Insight is a reconsideration of the inherent mystery that surrounds our individual lives on this planet.” We are experiencing these mysterious coincidences, and even though we don’t understand them yet, we know they are real. We are sensing again, as in childhood, that there is another side of life that we have yet to discover, some other process operating behind the scenes.

For many awakening souls, the phenomenon of synchronicity provides a direct and unmistakable encounter with the mysteries of the spiritual realm. Because the experience has particular meaning to the individual involved, it has the power to open a portal to “the world of meaning,” which is the world of the soul.

The invisible, subtle dimension of spirit that is closest to our personalities (on the other side of the veil) is the realm of the soul, a realm technically related to the higher dimensions of mind, but one which also provides access to the plane of higher intuition.

While the personality exists in a world of constantly changing circumstances and events, the soul dwells in a world of meaning. From the perspective of the soul, the world of outer circumstances is a kaleidoscopic collection of symbols. Everything that we experience on the material plane is symbolic of something hidden within the deeper folds of consciousness.



As the soul awakens, it seeks to uncover the meaning of life experiences, attempting to discern what each new circumstance may be trying to teach us. Once the needed learning has been extracted from difficult lessons, they no longer have to be repeated. By observing synchronicities and trying to fathom their meaning, we are drawn into the world of the soul, thus accelerating our progress on the path of transformation.

Just as the material world functions according to physical, scientific laws of cause and effect, there exist spiritual laws of cause and effect that govern our existence as souls. What we experience on this earth, as individuals, communities, nations, and civilizations, is conditioned by the law of karma, or cause and effect. With the soul's awakening, we become aware of the functioning of this law and begin to assume responsibility for changing harmful patterns of our behavior.

Given the present state of our world, the wisdom of the soul is more urgently needed than ever. Could it be that increasing incidences of synchronicity are intended to direct the attention of awakening humanity to the realm of the soul? By rending the veil between the world of material living and spiritual realms—even for a fleeting moment—these experiences appear to be catalysts for spiritual evolution, acting to accelerate our transition into the new era. These happenings are propelling us forward to the time when the soul will emerge into the foreground of human consciousness, to become the foundation of a truly new civilization and culture.

In some mysterious way, synchronicity seems to be heightening the sensitivity of large numbers of human beings to the reality of a higher dimension of consciousness. When it occurs in our lives repeatedly, and with growing frequency, we realize that an invisible, intelligent force is trying to attract our attention. This force, by whatever name we call it, appears to be actively involved in thinning the veil between spirit and matter for those who are responsive to it. Perhaps the phenomenon of synchronicity is serving to smooth the way from an age mired in the vibration of dense matter into an age that will flower in resonance with the vibration of the Soul.

There are many ways to know that you are growing in consciousness and eventually becoming ONE with Universal Consciousness. One of the surest signs, however, is experiencing an increased occurrence of “synchronicity” in your life.

Synchronicity can be defined as “the occurrence of two or more seemingly unrelated events occurring in a meaningful manner.” Synchronicity is not the same as “coincidences” or “serendipity” or “premonitions”, although all are potentially important and do indeed overlap.

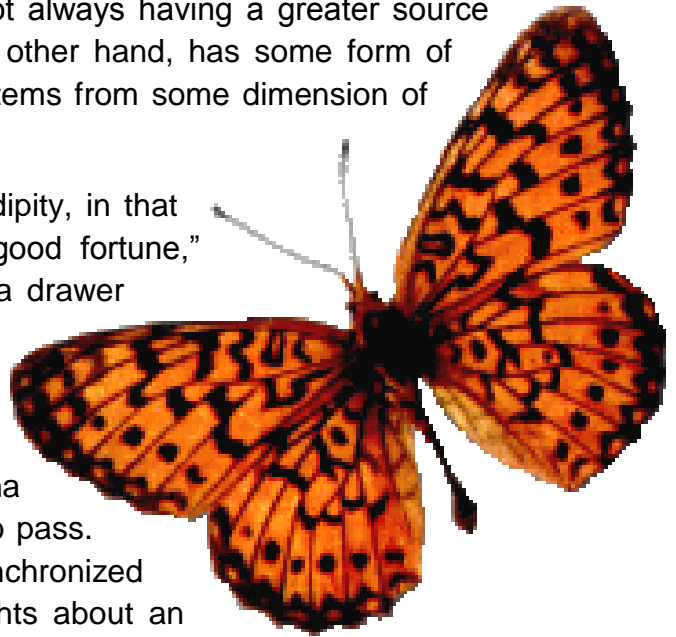
Synchronicity is different from coincidence in that coincidence is merely “coincided incidents,” with varying levels of significance, and not always having a greater source and purpose behind them. Synchronicity, on the other hand, has some form of consciousness as its guide. Also, synchronicity stems from some dimension of mind; But from what and/or whose mind?

Synchronicity is also slightly different from serendipity, in that serendipity is generally defined as “accidental good fortune,” such as when you are looking for something in a drawer and find something else you had long been looking for.

Synchronicity is also similar to, but distinctly different from, premonitions or psychic phenomena wherein one has a hunch or insight that comes to pass. In such a case, one is not so much having two synchronized events as much as prematurely picking up insights about an event that is still to happen.

In the case of synchronicity, we do not merely witness a seemingly random connection of two things (coincidence), or a stroke of good luck (serendipity) or a successful hunch (premonition). Instead, with synchronicity, there is a known or unknown connection of two or more minds creating events or circumstances that are somehow connected—not unlike two sub-atomic particles acting in synch with one another even though they are sometimes light years apart. These events may very well look like coincidences, serendipities, or premonitions but there is more than one mind creating them and a greater purpose and underlying significance behind them.

The forms synchronicity can take, are literally infinite but occur due to one of the most vital laws in the universe: We are all ONE and are connected in ways known and unknown, seen and unseen. Therefore, it should come as no surprise then that as we get more tuned-in to the ONENESS of all things, all things begin to move into undeniable alignment and we then experience more and more meaningful, synchronistic events.



As we continue to grow in our awareness of ONENESS, not only does the number of synchronicities increase, but the magnitude as well. We may, for example, experience very profound moments wherein the same synchronicity keeps occurring OR the synchronistic events seem to gain greater and greater significance—like dramatic forms of psychic ability or even miraculous events. And, as we gain greater clarity of mind, and are more open to synchronicity, we may even start to experience it with larger numbers of people on the same subject or in the same moment—which are “group synchronicities.”

One tricky thing is that synchronicities come not only from Spirit but also from our ego. That’s right! Our ego is just as capable of manifesting external images of what we want to see, as Spirit is capable of manifesting what we are truly meant to see. When arising from our fear-based ego, synchronicities will reflect images of fear, inadequacy, and lack. Conversely, when synchronicities arise that reflect Spiritual Guidance, they contain messages that affirm and confirm our growth and Oneness. Synchronicity from Spirit also always conveys feelings of love and fulfillment, rather than fear and emptiness.

Another common hurdle with experiencing synchronicity is when folks make the mistake of looking for a literal meaning to the not-so-literal synchronistic events in their lives. After all, synchronicities, as well as all forms of messages from Spirit, are multi-dimensional in their language. Therefore, such signs and messages need to be interpreted as having deeper, symbolic meaning, rather than simple, literal meaning. Further, we are far better off allowing Spirit to show us the deeper meaning to all these signs and synchronicities. It also helps if we do our best to keep the interpretations focused on how these signs might be referring to messages regarding our inner self and not so much about the outer world. If, for example, you have a dream of getting

married and then meet an attractive person later that very same day, the message of this synchronicity is perhaps that “you are integrating new and attractive qualities into your inner self” and is not likely about how you should literally ask that person to marry you. In other words, don’t get too carried away with synchronicities, nor take them too literally.

Instead, see them first and foremost as signs of how you are learning to become more connected to all things—learning to experience ONENESS.



☯ With synchronicity, all the resources we need are made available for us at the precise moment that is appropriate. The people who come into our lives are the ones we need at that moment in time. Everything is perfect. We only need to recognize this to tune into the flow. Everything happens for a reason and every experience is a learning experience. ~ Alex Chua

☞ *What is Synchronicity?* by Julie Redstone

Synchronicity - the unexpected merging of two separate events that are emotionally and/or vibrationally connected with each other that come together in outer or inner reality. These events are brought about by vibrational affinity, not through one's own will.

Synchronicity can relate to people who appear suddenly just after one has thought about them; the answer to a problem one is trying to solve coming into view through some external analogy that discloses the solution; sounds, sights, words, or phrases that one hears on the radio or elsewhere that correspond to one's inner process of reflection; meeting long unseen friends by 'chance', etc.

Synchronicity is an outer manifestation of inner connection, demonstrating the relationship between all things. This network brings things together at meaningful times and allows the Divine plan to unfold according to its own purposes.

In a deep sense, all of life is based on synchronicity, since we are at all times emitting energetic impulses without the conscious self being aware of it, and these energetic impulses find their way into the spiritual matrix of which we are a part, drawing to us those people, places, things, and events that will interact most fully with the energy we are sending forth. Viewed in this light, all of life is 'synchronized' with our readiness to experience.

It is a great mystery and beauty that life's unfoldment is exquisitely geared to our readiness to receive it. For better or worse, we are the co-creators of the great Mystery that represents the shape of our life.

☞ According to Vedanta, there are only two symptoms of enlightenment, just two indications that a transformation is taking place within you toward a higher consciousness. The first symptom is that you stop worrying. Things don't bother you anymore. You become light-hearted and full of joy. The second symptom is that you encounter more and more meaningful coincidences in your life, more and more synchronicities. And this accelerates to the point where you actually experience the miraculous. ~Deepak Chopra

☞ Synchronicity is an ever present reality for those who have eyes to see. ~Carl Jung

☞ Synchronicity hints at the unified world behind the illusory veil of the material universe. ~ Roger S. Jones



~ June 2015 ~						
◀ May						July ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 5:15 Movie Night	3	4 6:30 Book Study	5 9 am to 3pm SLC Yard Sale	6 9 am to 3pm SLC Yard Sale
7 11:00 Sunday Service Diana Kenney	8	9 5:15 Movie Night	10	11 5:00 Meditation 6:30 Book Study	12 6pm in the Hall Barbara Vitale on "What is Karma: 22 Different Kinds"	13
14 11:00 Sunday Service Dr. Randy Wolfe	15	16 5:15 Movie Night	17	18 6:30 Book Study	19	20
21 11:00 Sunday Service Dr. Faye Corbett	22	23 5:15 Movie Night	24 5pm TEA	25 5:00 Meditation 6:30 Book Study	26	27
28 11:00 Sunday Service Kim May	29	30 5:15 Movie Night	Notes:			